

Ultimate Martial Arts - Class Schedule

Adult Muay Thai Kickboxing Program- Back Area

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:15 am Novice Susheel	10:15 am Novice Alex		10:15 am Novice Dushaan			
	5:00 pm Novice Richard M.		5:00 pm Novice Dylan		10:15 pm Novice Dylan	
6:00 pm Novice Aaron	6:00 pm Novice David	6:00 pm Novice Neil	6:00 pm Novice Mostafa	6:00 pm Novice Karan	11:30 am INT/ADV Alex	4:30 pm Novice Kevron
7:00 pm Novice Richard L	7:00 pm INT/ADV Kru Paul	7:00 pm Novice Jarred	7:00 pm INT/ADV Kru Paul /Jay	7:00 pm Novice Karan	3:15 pm Novice Ryan	
8:00 pm Novice Sunveer	8:15 pm Novice Richard L.	8:00 pm Novice Javed	8:15 pm Novice Jay/James		4:30 pm Novice Ryan	
9:00 pm Mixed Howard		9:00 pm Mixed Howard				

Kids Muay Thai Kickboxing Program- Front Area

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 pm Aaron	5:00 pm David	5:00 pm Toissant	5:00 pm Mostafa		10:15 am Alex	3:15 pm Kevron
7:00 pm Sunveer		6:00 pm Toissant				

Monday-Thursday : 4:30-9:30pm

Friday: 5:30-8:30pm

Monday, Tuesday & Thursday : 10am-12pm

Saturday: 10am-6pm / Sunday: 2:-6pm